Computer and Phone Li-Ion Battery Information

Windows Battery Report:
(copy and paste into command prompt - run as administrator)
powercfg /batteryreport /output "C:\battery_report.html"

Windows 10 Support:
https://support.microsoft.com/en-us/help/20443/windows-10-battery-saving-tips

Dell Support:
https://www.dell.com/support/article/us/en/04/sln128667/laptop-battery-faq?lang=en

HP Support:
https://support.hp.com/us-en/document/c01297640

Lenovo Support:
https://support.lenovo.com/us/en/solutions/ht063051

iPhone 6 and later:
https://9to5mac.com/2018/03/30/how-to-check-battery-health-and-disable-iphone-battery-performance-throttling-in-ios-11-3/

Android Phones:
https://www.pcmag.com/article2/0,2817,2367542,00.asp