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Source My Social Media for Seniors Michael Miller, 3rd Edition Que Publishing Social Media for Seniors

The Senior Computer User Group of Greater Kansas City June 11, 2021

Social Media

- This presentation is brought to you by APCUG's Speakers Bureau
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- Your presenter is Judy Taylour
 - Member of the Speakers Bureau
 - APCUG Advisor Regions 10, 11, and International
 - President/Webmaster/Editor SCV Computer Club in SoCal



What is Social Media?

- Websites, apps, and services that host a community of users and make it easy for them to communicate with one another using their computers, smartphones, or tablets.
- Being social and encouraging social interactions by sharing:
 - Messages
 - Information
 - Pictures
 - Videos
- Fun to learn about what friends have been doing
- Back in the day, it was exchanging letters
- Then came email
 - Now you can write a single post

Social Media Used by Seniors

Social Media Use by Older Adults



Social Media Used by Seniors

- 2018 Pew Institute study
- Why is this data important?
 - When you select a social media platform you want to choose one or more that are used by friends and family and that are popular with your age group.

Age Group	Facebook	YouTube	Pinterest	Instagram	LinkedIn	Twitter
50-64 years	65%	68%	26%	21%	24%	19%
65+ years	41%	40%	16%	10%	9%	8%

Why Use Social Media?

- Friends and family who want to stay in touch
- People looking for long-lost friends
- Hobbyists looking for others who share their interests
- Keeping up with the latest news and events
 - Share opinions on those events
- Can interact with large numbers of people without interacting with each one personally
- Effective and efficient communication

Fact vs. Fiction

- False information thrives online
- Links to news stories, web pages, wild claims, and hoaxes that don't seem right
- Someone posts the latest piece of misinformation and, seconds later, it can spread around the world.
- Going viral circulated via social media to a large number of people

Fact vs. Fiction

- Just because someone says something doesn't make it true
 - Fake news
 - Outright lies
 - Conspiracy theories
 - Propaganda
 - Biased News
 - Opinions
- Read it before you share it
- Check it out before you share it

Fact vs. Fiction

- Always consider the source
- Verify with multiple sources
 - Snopes
 - Media Bias/FactCheck.com
 - Truth or Fiction
- If someone questions it, remove it
- Bottom line be careful about what you share on social media

What to Share & Not to Share

- Keep it
 - Short
 - To the point
 - Casual
 - All CAPS is still considered yelling
- Don't get sloppy
 - Use good grammar and punctuation
 - Don't have to use full sentences
 - OK to use common abbreviations and acronyms
 - LOL BTW.....
- It's not a blog post

How Often Should I Post?

- Social media creates communities
 - To be a member you need to actively participate
 - Wait too long between posts and people will forget about you
- Post too frequently
 - Overbearing or annoying
 - Wear out your welcome
- Facebook once a week / few times a day
- Twitter Several times a day
- Pinterest Few pins a day

How Often Should I Post?

- Facebook Take a look at the posts in your news feed
- Look at those friends whose posts you look forward to
- As opposed to those you get tired of reading
- The person who leaves you asking for more probably has the frequency

Posting Things That People Want to Read

- It's not all about you ;-)
- If you only post about yourself, you might be Unfriended
- AKA keep your audience in mind
- Post things
 - That are important to you and your friends
 - That your friends and family want to know about
 - Major life events
 - Important news updates
 - News about your spouse, partner, other family members
 - Mutual friends

Posting Things That People Want to Read

- Post things (cont.)
 - Important news about other family members (with their permission)
 - Mutual friends start the chain by posting what you know and let your other friends pass it on to their friends
 - Interesting thoughts you've earned your opinions
 - Links to news stores your friends will find interesting

Probably Shouldn't Share Online

- Social networks are meant to be social
- Because everything is public you can do a lot of damage to yourself by posting something stupid
 - Happens all the time
 - Posting a picture of you holding a cigarette could be used by your insurance company to raise your health insurance rates.
 - Same goes with content
- Do you want to get into an argument about something you posted?

10 Things to Avoid when Posting Online

- 1. Don't post if you don't have anything to say
- 2. Don't pick a fight
- 3. Don't post anything that could be used against you
- 4. Don't post over personally information
- 5. Don't gripe
- 6. Don't post personal contact information
- 7. Don't post your constant whereabouts
- 8. Don't post rumors, hoaxes, and urban legends
- 9. Don't post about people without their permission
- 10. Don't post sensitive information

Commenting on a Post

- Do comment when input is asked or encouraged
- Don't join if your comment is just a "Me to" or "You bet"
- Do comment if you have knowledge or useful information to share
- Do join to support a friend—sometimes a comment can be like a virtual hug
- Do make a comment if you can move it forward, by providing additional information of viewpoint

Commenting on a Post

Do comment when input is asked or encouraged

September 9 at 9:27 AM · 🔇

So much bad news in California and our world. I needed this to cheer me up when all else fails, we who are lucky enough, have our dogs. I hope this video brings a smile to my FB dog friends !

13

3 Comments 2 Shares





Reaching more people with a post



Share a Page





KTLA.COM

Tiny home village for homeless people opens in North Hollywood



Share a Page

...



Green Santa Clarita

The HHW and E-Waste Round Up is THIS SATURDAY, 4/17! Get your items ready for safe disposal with the drivethru event at College of the Canyons from 9:00 a.m. to 3:00 p.m. -26455 Rockwell Canyon Rd. Free for all Los Angeles County residents! See you there a http://greensantaclarita.com/cal.../l-a-county-hhwround-up/





Canyon Country Advisory Committee

...



Green Santa Clarita

E M D P The HHW and E-Waste Round Up is THIS SATURDAY, 4/17! Get your items ready for safe disposal with the drive-thru event at College of the Canyons from 9:00 ... See More



To Share or Not to Share

- You have a post on your page that you think your friends might find interesting
 - Link to an informative web page
 - Cute photograph or video
 - Share the link with your friends (Twitter retweeting)
- Do share what you think your friends might find interesting
- Don't share what you know they won't find interesting
- Do share items friends might not have seen
- Don't share what you have seen several times

To Share or Not to Share

- Do share funny videos
 - If they made you laugh, they will probably give your friends a laugh
- Don't share what you haven't independently verified
- Do share posts from friends and relatives, if they are relevant
- Don't share photos of people who don't want their pictures shared
- Don't share any private information you know
- Ask before you share your grandchildren's photos—make sure the location information has been deleted



• Even if your best friend posts a survey, don't participate

 \times

• Possibility of sharing too much information

Judy, we're asking a small group of people for their opinion

Could you take a few minutes to answer a short survey?

Start Survey

Hmmm... can't reach this page

Check if there is a typo in inventorybag.com.

If spelling is correct, try running Windows Network Diagnostics.

DNS_PROBE_FINISHED_NXDOMAIN

FIND OUT YOUR ROYAL NAME: 1. Lord or Lady 2. Your pet's name

3. The last thing you ate

- 4. add "of"
- 5. The last place you shopped



Comment

Crv Beach and 18K others

1 Like

187K Comments 27K Shares

⇔ Share

D.

When to Tag

- Tagging = identifying people in a picture that has been posted online
- Not everyone wants to be identified online
- Tagging a person makes the photo visible to all of that person's friends—even if he/she doesn't want to them to see it
- Tagging a person without permission can cause all sorts of problems
- Bottom line Ask first before tagging

Facebook Notices via Email

📁 Facebook	🍩 Let Rich Schinnell know you are thinking of him on his b			
Facebook	Joseph	commented on APCUG's link.		
Facebook Groups	Judy, you're	now a member of The Bridge		
Facebook	Hewie	tagged you in a post on Facebook		
Facebook	You have an invite from West Ranch Baseball Channel			
Todd	[Mr. A	Travel Page] Last day in Paris. Started th		
Facebook	Scott	shared CSUN Club Baseball's post		
Facebook	Event Invitation: Santa Clarita Independent Districting Com			

Friend Requests





Your Pages

...





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Your custom list







Settings

21 Selections

Settings

- 💼 General
- Security and Login
- Your Facebook Information
- 🔒 Privacy
- Timeline and Tagging
- Stories
- Location
- Blocking
- Language and Region

Face Recognition

Privacy Checkup

We'll guide you through some settings so you can make the right choices for your account. What topic do you want to start with?





General Account Settings

Memorialization Settings Your Legacy Contact

Choose someone to look after your account after you pass away. They'll be able to:

- Manage tribute posts on your profile, which includes deciding who can post and who can see posts, deleting posts, and removing tags
- · Request the removal of your account
- Respond to new friend requests
- Update your profile picture and cover photo

Your legacy contact can only manage posts made after you've passed away. They won't be able to post as you or see your messages. Learn More

Choose a friend

Add

We'll let your legacy contact know that you chose them. They won't be notified again until your account is memorialized.

If you don't want a Facebook account after you pass away, you can request to have your account permanently deleted instead of choosing a legacy contact.

Request that your account be deleted after you pass away.



Notifications



Marketplace



Today's Picks for You



\$1

Valencia, CA



\$5 Brand new Aluminum 26 inch Cubrebocas artesanales wheel Baby Cruiser Los Angeles, CA

\$1 containers



Woodland Hills, CA

\$800 2011 Little Guy 5 Wide Teardrop Los Angeles, CA Dealership



FREE Dog houses Los Angeles, CA

\$10 Macetas de barro \$10 cada una! Clay planters \$10 each! Lancaster, CA



\$200 Relocating to Europe, everything must go. Selling f ... West Hollywood, CA

Santa Clarita - 40 mi
Groups



Last active 2 weeks ago

Probably Shouldn't Share Online

- Consider the Golden Rule
- When posting to social media, following the online golden rule: Post only about others as you would have them post about you. If you can't say something nice, don't say anything at all.
- As a wise friend once said....Don't post anything on social media you wouldn't hang on your front door for everyone to see.



Privacy Checkup

A

Want to do a Privacy Checkup?

Judy, from time to time we remind people of our privacy tools. Privacy Checkup guides you through important settings like who can see what you share and how to keep your account secure.



...

—The Facebook Privacy Team

Start Privacy Checkup



We'll guide you through some settings so you can make the right choices for your account. What topic do you want to start with?



•••

You can check more privacy settings on Facebook in Settings.

Using Social Media Safely & Privately

- Is it safe to use social media?
 - Like any website, posts on a social networking site can contain links to viruses, spyware......
- Malware
- Spam
- Phishing
- ID Theft
- Robbery
 - Don't post that you are going to be out on a certain evening, or on vacation....
 - Post your pictures when you return home

Beware

- Scammers are making virtual copies of real Facebook accounts by copying the photos, etc.
- They then send friend requests to the friends listed on the real account.
- There are countless ways you can be scammed because we tend to trust our 'friends.'
- If you receive a friend request from someone you are already friends with, search your friend list to see if you are still friends with that person.
- If you are, you have just received a friend request from a duplicate (and probably fake) Facebook account.
- Delete the request

Using Social Media Safely & Privately

- Think before you click or tap
- Think before you post
- Don't accept every friend request—decline the request
- Unfriend people whose posts you don't like, agree with....
- Keep your contacts private
- Don't download 3rd party apps
- Don't play social games
- Don't find that M that makes you a genius
- Trust your instincts

How Does Facebook Use your Information

- Personal information you provide can be used in various ways
- Profile Age, gender, education....
 - Display 3rd party ads
 - Use your interest information to
 - Play a certain game
 - Join a group
 - Add someone as a friend
- There are many ways your personal information can be used legally = read Facebook's privacy policy)



- Focus on business
- Many of us aren't looking for jobs; it's a great way to keep track of former co-workers
- Membership is free Premium \$29.99 to \$99.95 per month
 - Designed for job hunters, business networking, sales professionals

- Profile page
- Intro
 - Personal information overview
 - Online business card
- Highlights
 - Mutual connections
 - Did you graduate from the same school
- Contact Info
 - Links to personal website or blog
 - Public email address / phone number

- Activity
 - Most recent work activity
- Experience
 - List of current and previous employment
 - Educational and volunteer experience
- Skills and Endorsements
 - Specific professional skills
 - Endorsements from others
- Recommendations
 - Received or given to others

- Interests
 - Companies and groups you are following
- Picture
 - Profiles with pictures get much more attention

Still in California. And top 4 in the nat	tion.	UCLA Health
Stacey		UCLA Health
Head of HR Systems and Analytics at UCLA Health		California State University,
Los Angeles Metropolitan Area · 500+ connections	80	Northridge

About

Innovative and results-oriented Human Resources Systems and Operations leader with exceptional program development, process improvement and analytical skills. Proven track record in bridging technology solutions with business needs, creating positive client relationships and collaborating cross functionally with stakeholders at all levels. Global HR technology and operations experience, including Workday HCM, development, implementation and leadership.



Instagram – Sharing Photos

- Mobile app for smartphone or tablet & a social network
- Much more popular among younger users
 - People in their 20s and 30s take a lot more photos and videos
- After you download and install the appropriate app
 - Set up your user profile
 - Link to your other social media accounts
- Photos and videos taken by friends appear in your Instagram feed

Instagram – Sharing Photos





- Twitter is a 'microblogging' system that allows you to send and receive short posts called tweets.
- Keeping up with what's going on in the world
 - Tweets posted by others
- When you mention other Twitter users in your tweets
 - Name becomes clickable
 - Clicking the name displays user's Twitter profile summary
 - Type an @ sign before their name; Twitter lists matching users

- Twitter uses hashtags (#) to function as key words
 - Helps others find relevant tweets when searching for a certain topic
 - Tweets usually include one or more hashtags
- 280 characters in a tweet
- Include up to 4 photos, a GIF, or a video in your tweet
- Can add your location to a tweet

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(000)



y	Home
•	What's happening?
#	Tweet
	Thanks. Twitter will use this to make your timeline better. Undo
	Show fewer Tweets from Engadget
	This Tweet isn't relevant
Ē	Windows IT Pro ② @MSWindowsITPro · 1m Such a good introduction if you're still managing #Windows10 devices on- prem. A must watch!



- Social network that mostly appeals to women
- Pinterest is all about images
- Site contains a collection of boards, like a virtual corkboard
 - People share
- People who follow you see your pins in their feeds
 - You see their pins in yours
 - Click or tap a pin links back to the web page for that image
 - Read more info about the pin
 - Get a detailed recipe or set of instructions

- Can save images of anything
 - Clothing
 - Furniture
 - Recipes
 - DIY projects

Pinterest Today Explore

re Q,

Q Search for easy dinners, fashion, etc.



Sign up





Dennis Fuerst

16 Followers • 5 Following









• Nextdoor is the neighborhood hub for connections and the exchange of helpful information, goods, and services.

💭 Message 🚔 Poll 🔁 Event 🕛 Urgent alert	×
S Choose category	\sim
Canyon Crest Grove + Nearby (8992 neighbors)	\sim
Subject	
Message	
Add photo or video	Post

FYI #BobCatFire Evacuation Orders & Warning





Deputy Sheriff. PIO #LASD Joana '



Clorox Sponsored

Give help or get help with Nextdoor's Help Map

Neighbors are answering the call and Clorox is here to support it. Whether it's picking up prescriptions and groceries, walking a dog, or delivering supplies, kindness is sweeping neighborhoods... See More





Plum Canyon La Madrid • 9 min ago

Movers Needed. Hello Neighbors!

Are you looking to make extra cash this weekend? I need help moving moving a curio cabinet from Calabasas to Santa Clarita. The curio cabinet is approximately 160 lbs and 7.5' tall. If you have a truck and a strong friend, please message me.

Posted in Recommendations to 24 neighborhoods

Like 💭 Co



Canyon Country North

Little Tikes Cozy Coupe Push Car \$40 OBO Only few months old. Mint condition, has only been kept indoors.



16 min ago · For Sale & Free

D Message

V



Posted in General to 25 neighborhoods

🔿 Like 💭 Comment



Canyon Country South • 1 day ago

MOVERS WERE THIEVES. MY JEWELRIES WERE STOLEN!! I couldn't believe it when I discovered several of my jewelries were stolen by the movers. We don't know who of the three movers stole my jewelries. We brought it to their attention but they denied taking them. I removed the drawers out of my jewelry armoire but totally See more...

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👥 🗊 11

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Posted in Recommendations to 33 neighborhoods



See 5 previous comments



Lori • Canyon Gardens By law they should be bonded and insured. You can file a claim. Documentation of said jewelry will definitely help.

3 hr ago Like Reply



Marissa• Canyon Country SouthYes, thank you for your response.12 min agoLikeReply

Nextdoor from Canyon Crest-across from Todd Longshorse park.

Solicitor. How many of you had a bearded nan in khaki shorts and a ball cap knock on their door tonight without telling you what he wanted? He was holding a clipboard of some sort and typing on his phone. (No mask, either) I ask what he wants. He asks for the homeowner, continuing to type on his phone and not really look at me. I ask what it's about, he repeats that he wants to talk to the homeowner. I ask regarding what? Still typing, he does a condescending chuckle then walks away. I ask why he's knocking on my door without telling me what it's about. "I asked a simple question and I didn't get an answer." I replied, "Nor did I!" So strange. No vehicle seen. Person 1 Hair: white? ball cap, lightish, reddish hair, beard Top: Greyshirt Bottom: khaki shorts Shoes: unk Age: 30 Sex: m Race: Caucasian Build: medium Other: carrying some type of clipboard, constantly typing on phone



Thank You, Neighbor. I want to express our heartfelt gratitude to the neighbor who stayed with my wife Lisa after she bailed on her bike this morning near the railroad tracks at Soledad and Reuther. Like the Lone Ranger, I did not catch your name. Lisa believes it is Rich or Richard and you live in Pacific Grove. Thank you for staying with Lisa and keeping her calm and comfortable until I arrived. Lisa has a broken clavicle (you called it). She is scheduled for surgery Monday, but otherwise, she is doing well.



Resources

- My Social Media for Seniors, Michael Miller, 3rd Edition
- This is an AARP Real Possibilities book
- www.quepublishing.com/aarpbooks
- Total \$19.70 via PayPal they don't ask if you are a member
- Except for the information about my FB page, all the info in this presentation is from this book
 - I used the 1st edition to put together a Facebook and Twitter Saturday class for my adult ed students





• LinkedIn

https://edu.gcfglobal.org/en/linkedin/navigating-linkedin/1/

• Twitter

https://help.twitter.com/en/glossary https://edu.gcfglobal.org/en/twitter

Glossaries & Tutorials

• Facebook

https://sproutsocial.com/insights/facebook-terminologyglossary/

https://edu.gcfglobal.org/en/facebook101/

Instagram

https://edu.gcfglobal.org/en/instagram

• Pinterest

https://adnalytics.io/blog/the-ultimate-pinterest-glossary/ https://edu.gcfglobal.org/en/pinterest

